

3^o Pan-Hellenic & **2^o** Pan-European
Scientific & Professional Nursing Conference

Under the Auspices of **fepi**

Grand Serai Hotel

30 April - 03 May
Ioannina / 2010



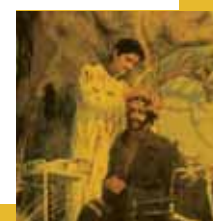
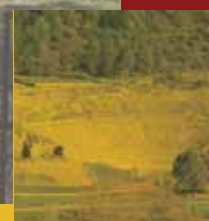
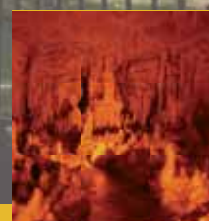
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Chairman's Welcome Speech

Ladies and Gentlemen,

We have every reason to believe that the “3rd Pan-Hellenic & 2nd Pan-European Scientific & Professional Nursing Conference” to be held in Ioannina from the 30th of April to the 3rd of May 2010 at the Grand Serai Hotel will offer a new opportunity for a useful and constructive scientific meeting that will justify our expectations. The continuing and ongoing rapid generation of knowledge and the parallel technological developments are two areas that nurses must keep up with to practice effectively the science of nursing. The Conference aims to enable delegates to form a clearer idea about the topics to be discussed, given the constant challenges facing our profession. Therefore, we call all our members to actively participate in the Conference to emphasize the tremendous and top quality educational, research, clinical and social work actually achieved and provided to the Greek people. We owe it to all those visionaries who to this date are striving selflessly to enable the HRBON to fulfil its great mission.

We are charged with the responsibility to prepare, above all, nurses who will be distinguished by a high level of self-respect, and a critical and interactive disposition, in order to protect and promote the nursing profession.

Our ambition, therefore, is that this, our 3rd conference, will also prove to be a success and that it will contribute to training and draw special attention to important aspects and solutions to matters of concern to all of us as well as the nursing community as a whole. The nursing students attending

this conference should not only be involved in the process of acquiring knowledge but should also be involved in the process of creating fresh knowledge. The conference will include lectures, round tables, workshops, clinical tutorial classes and poster presentations. Eminent scientists from Europe have been invited and will attend the conference to communicate to us the different environment prevailing in their countries, both in terms of knowledge and education as well as in terms of performance of the nursing role. **Delegates will be awarded 23 postgraduate credits.**

Pursuant to the rule established, the best papers will receive awards. We extend our warmest congratulations to the lecturers who consciously and readily share their knowledge with us. Many thanks should also be given to the members of the scientific, honorary, international, local committees of the conference. A point worth mentioning is the unprecedented interest shown by our colleagues to participate in the organising committee. We invite you, therefore, to take effective steps and not steps just to impress, united and steadily committed to the purpose of effective education and the dissemination of varied nursing information through a scientific and social event that will once again stress that **nurses can do and wish for the best**. I hope that you will find this event rewarding and that you will enjoy your stay in beautiful Ioannina, the city with the glorious past and a hopeful future.

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Paraskevi Bakela

Georgios Siochos

Petros Stergiou

Vassiliki Flouda

Andonia Ksiromeriti

Panagiota Chassogia

International Committee

Anne Carrigy

Maria Augusta De Sousa

Mally Ehrenfeld

Tony Hazel

Maximo Jurado Gonzalez

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Dominique Le Boeuf

Mircea Nicusor Timofte

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Edwin R. van Teijlingen

Gennaro Rocco

Dragan Sasic

Loredana Sasso

Annalisa Silvestro

Dragica Simunec

Steve Willcocks

Marianna Drakopoulou

Kyriakos Kouveliotis

Lambros Bizas

Andreas Pavlakis

Vassiliki Roka

Eleni Christodoulou

Themes

- Nursing Education
- Anaesthesia Nursing
- Pathology Nursing
- Mental Health Nursing
- Surgical Nursing
- Health Psychology
- Cardiac Nursing
- ICU Nursing
- Renal Nursing
- Emergency Nursing
- Oncology Nursing
- Mass Disaster Nursing
- Geriatric Nursing
- Hospital Infection Nursing
- Paediatric Nursing
- Transplant Nursing
- Intercultural Nursing
- Community Nursing
- Public Health - Epidemiology
- Policy of Health
- Rehabilitation Nursing
- Health Informatics
- Organisation & Administration of Health Services
- Occupational Health & Safety Nursing
- Social Policy & Health
- Health Law & Bioethics
- Biomedical Technology & Health Services
- Nursing-related Legal and Professional Matters

Guidelines for the submission of Abstracts for Oral Presentations and Posters

This form must accompany all abstracts to be submitted by e-mail at the following address: ene2010@ene2010.gr

DEADLINE FOR THE SUBMISSION OF ABSTRACTS: 30/01/2010

General Information:

1. Abstracts may be submitted either by e-mail or online through the conference web page as follows:

A. Electronically: The abstract should be sent by email to ene2010@ene2010.gr as a Word file attachment and must include the title, the authors, their institutional affiliation, and the body of the abstract.

The guidelines for the proper submission of abstracts may be downloaded from the conference web page www.ene2010.gr and the HRBON website www.enne.gr.

B. Through the conference web page: All abstracts may be submitted online through the conference web page www.ene2010.gr where all the necessary information for the proper submission of your abstract is available.

2. Abstracts submitted after the deadline for submission (30/01/2010) will not be considered.

3. Abstracts sent by fax or post will NOT be considered.

4. The authors contributing to an abstract are required to register and pay the registration fee.

5. Each author is eligible to present one (1) paper; however, he/she may contribute to more than one paper.

6. The authors participating in a review may not number more than 3 and the authors participating in the review of a research paper may number more than 7 (justified cases will be reviewed).

7. Upon receipt of an abstract, the conference organiser will send an acknowledgement of receipt to the designated contact author. If such acknowledgement of receipt is not received within one week, please contact the conference organiser at the following number: +30 210 8055393.

8. The abstracts' evaluation results shall be sent to the designated contact authors not later than the 8th of March 2010.

Guidelines for the submission of Abstracts for Oral Presentations and Posters

9. Submitted abstracts may be withdrawn at the latest by the 30th of January 2010, which is the closing date for the submission of abstracts.

10. If a reply message is not received, authors are advised to confirm by telephone the receipt of their papers.

11. For any further information, please contact the conference organiser.

Preparation - Structure: Given that the paper abstracts will be included in the Conference Book of Abstracts and the Abstracts CD exactly as they are submitted, all authors are kindly requested to follow faithfully the guidelines for the preparation of abstracts.

Guidelines on the Preparation of Abstracts

1. The structure of a research abstract must contain the following sections:

- Introduction
- Aim
- Example and Methodology
- Findings
- Conclusions

The structure of an abstract review must contain the following sections:

- Introduction
- Aim
- Bibliography Review
- Conclusions

Each section must be preceded by its corresponding heading in bold case characters.

E.g. Introduction, Aim, Material and Methodology, Findings, Conclusions.

D. The same guidelines as above apply in the case of posters (review or research paper), and the posters must also include the relevant bibliography.

Guidelines for the submission of Abstracts for Oral Presentations and Posters

2. The body of abstracts should not exceed 300 words.
3. The body of the abstract should be suitable for transcription to A4 size (21 cm x 29.7cm), with the top and bottom margins set to 2.54 cm and the left and right margins set to 3.17 cm (which are the standard dimensions of a Word file).
4. The body of the abstract must be typed using the Arial 11 pt. font type, formatted in single space and fully justified.
5. The title of the abstract must be typed in bold title case characters and centered.
6. The title should be followed by name(s) of the author(s).
7. The name(s) of the author(s) must be in the nominal case, written in title case, with the first name (unabbreviated) preceding the surname (e.g. Aristides Daglas).
8. The name of each author must be followed by a number in superscript referencing the credentials, institutional affiliation and city of provenance of each author.

For example:

Kostas Papadopoulos¹, Irini Nikolaou², Nikolaos Anagnostou¹

¹ Nurse TE, "Aghios Andreas" General Hospital of Patras

² Nurse BSc, University Hospital of Ioannina

9. The name of the author who will present the paper must be underlined.

E.g. Kostas Papadopoulos¹, Irini Nikolaou², Nikolaos Anagnostou¹

10. The body of the abstract may contain standard abbreviations, tables and diagrams provided they do not exceed the justification margins, and that the body does not exceed 300 words in total.
11. The Scientific Committee reserves the right to reject an abstract for failure to comply with the guidelines for submission.
12. The authors' wishes in addition to the organisational requirements of the Conference are primarily taken into consideration in allocating the abstract to poster or oral presentations as necessary.

Guidelines for the submission of Abstracts for Oral Presentations and Posters

13. Final classification under a theme and the final mode of presentation of the abstracts accepted are determined by the Scientific Committee that will evaluate the papers.

Posters

All poster boards will be numbered and a list of names/numbers will be posted in a prominent place. The authors are responsible for affixing the posters using the materials provided by the Conference Secretariat as well as for taking them down. The recommended dimensions for posters are: 100 cm high x 70 cm wide.

General Information

This year, the “**3rd Pan-Hellenic & 2nd Pan-European Scientific & Professional Nursing Conference**” organised by the Hellenic Regulatory Body of Nurses will be hosted in Ioannina, the capital of Epirus.

Ioannina, often called Giannena, one of the most beautiful Greek cities, lies on the banks of the lake with the same name and at the foothills of Mount Mitsikelli, and has the necessary infrastructure to host one of the largest Greek conferences.

The organisation and secretarial support of the conference have been assigned to:

T&T EXECUTIVE S.A.: 193, Kifissias Avenue & 24, I. Doussis Street, Athens 151 24, Tel.: +30 210 8055393, Fax: +30 210 6984294, e-mail: tnt@tntexecutive.gr

Venue & Dates

The conference proceedings will take place at the **Grand Serai Hotel**, on the **30th of April, 1st, 2nd and 3rd of May 2010**.

Important Dates

Conference Proceedings: **30 April - 3 May 2010**

Deadline for the Submission of Abstracts: **30 January 2010**

Abstracts Acceptance Notification: **8 March 2010**

Deadline for Pre-registration: **28 April 2010**

Registration to the Conference entitles delegates:

- To admission all conference proceedings
- To admission to the exhibition area
- To participate in all satellite symposia
- To participate in all Clinical Tutorial Classes (FREE OF CHARGE, upon submission of the necessary application form)
- To receive the full conference portfolio
- To attend the Welcome Reception on Saturday, 1st of May 2010
- To coffee breaks during the conference proceedings
- To receive a Conference Certificate of Attendance

General Information

Note

All unemployed nurses attending the conference **free of charge** are entitled to admission to all conference proceedings, to receive the full conference portfolio and to attend all the social events of the conference (welcome reception and coffee breaks).

Students attending the conference **free of charge** are entitled to admission to all the proceedings and may visit the exhibition area; however, they are not entitled to any conference material (bag, book or CD of abstracts, advertising material, coffee breaks or admission to the Welcome Reception).

They are entitled to receive a Certificate of Attendance which, however, is handed over only to the delegate and to **no other person**.

Presentations

Presentations at the Conference can be in any of the following formats:

- Oral Presentations
- Poster Presentations

The duration of each Oral Presentation is **strictly limited** to 10 minutes including any ensuing discussion.

Each Poster Presentation will be displayed at a given time (morning/afternoon); the dimensions of each poster should not exceed 100 cm (height) x 70 cm (width) and they should be affixed with materials provided by the Conference Secretariat.

Audiovisual Equipment

Every conference room is equipped with:

- Data/video projector
- Projection screen
- Computer
- Slide projector

Each speaker should deliver their presentation material to the conference technical secretariat at least one hour prior to the time specified for the presentation.

Language

The official language of the conference will be Greek. Lectures by foreign speakers will be delivered in English or any other language (with simultaneous interpretation).

Credits

Delegates to the conference will be awarded **23 Postgraduate Credits**.

General Information

Commercial Exhibition

An exhibition area for medical, pharmaceutical and medical publication companies will be open during the days and the hours of the conference.

Delegate Badge

Delegate badges are issued by the T&T Executive S.A. Conference Secretariat and should always be displayed upon entrance to the conference rooms.

Conference Secretariat

The Organisation and Secretarial Support of the Conference as well as its entire financial administration have been assigned to **T&T Executive S.A.**

The company's business hours are Monday to Friday, from 09.00 a.m. to 17.00 p.m.

During the conference, the Secretariat will remain open during the following hours:

29 April 2010	12.00 p.m. - 20.00 p.m.
30 April 2010	17.00 p.m. - 21.00 p.m.
01 & 02 May 2010	08.00 a.m. - 20.00 p.m.
03 May 2010	07.30 a.m. - 17.00 p.m.

Certificate of Attendance

All registered delegates are entitled to receive a Certificate of Attendance.

The Certificate of Attendance will be handed only to the delegate upon presentation of his/her Delegate Badge. In the case of Unemployed Nurses and Students, the Certificate will be handed to them only upon presentation of their ID card or student card.

Giannena, a few historical facts...

A vibrant and picturesque city of incredible natural beauty awaits you to discover its great history and tradition, countless historical monuments and museums, idyllic spots for walks in nature for nature lovers, the old city with its narrow streets, the squares, traditional stores and old mansions, exceptional market, lively nightlife and fabulous cuisine for the gourmands.

Must See...

- **Island of Ioannina:** (10 minute by boat from the Ioannina Lakefront). A stroll along Lake Pamvotis or Lake of Kyra Frossini will bring you to the famous Islet of Ioannina.

"The Lake Pamvotis guards well the secret that led Ali Pasha to drown in its waters Kyra Frossyni and 15 other women. As one version of the legend has it, Ali Pasha's daughter-in-law who was betrayed by her husband asked him to order the execution of Kyra Frossyni. According to another version, Ali Pasha was madly in love with her and sentenced her to be drowned out of revenge... It is said that Ali Pasha, heart-stricken after what he did, gave the order to empty one thousand sacks of sugar in the lake... That's why Lake Pamvotis is also called the lake of Kyra Frossyni..."

Stroll along the traditional settlement's picturesque cobblestone streets. Savour the traditional sweets under the planes and admire the famous local silverwork jewellery and artefacts.

Don't miss the **seven imposing monasteries** dominating the centre of the island, as well as the **Museum of Ali Pasha** where the legendary pasha was assassinated.

- **Castle of Ioannina** (located in the heart of the city): Enjoy your tea or coffee in one of the lovely cafes situated inside the castle! Stroll and experience the intangible quality prevailing in Ali Pasha's era during which the castle was converted into the largest administrative centre during the Ottoman Occupation.

Inside the castle, which is actually a citadel, you can see **Ali Pasha's riding school, the kitchens, the foundations of the old fortification walls, the ruins of a Byzantine bath, the house of Pasha Kalos (Good Pasha), and you can also visit the Municipal Ethnographic Museum and the Byzantine Museum** which are situated inside the castle walls.





Giannena, a few historical facts...

- **Pavlos Vrellis Wax Museum:** A visit to one of the most important wax museums and the only one of its kind in Europe with its wax exhibits covering themes from various periods will guide you through the most significant moments of Greek history. The natural size and faithful representation of the effigies will amaze you to the point that you will doubt they are made of wax and not human!

- **Cave of Perama:** The cave of Perama was formed in the heart of the hill of **Goritsa 1,500,000 years ago**. It was accidentally discovered by a peasant in **1940** and has been open to visitors ever since. You can take a tour of the Cave of Perama and admire a landscape of amazing natural beauty with its magnificent stalagmite and stalactite formations.

- **Ancient Theatre of Dodoni:** It is said that Dodoni was named either after the **homonymous Oceanid nymph or after the river Dodonos**. It is worth visiting the archaeological site of Dodoni to admire one of the best preserved ancient theatres in the country as well as the superb natural landscape surrounding it.

Food

Lovely Giannena is famous for their many and savoury pies! Milk pies and courgette pies are considered among the “masterpieces” of Epirot cuisine! On the whole, food in the city of Ioannina and throughout Epirus is prepared using natural local products with a predilection for dairy products. If you want to eat sweets, sample without fail the traditional Giannot almond baklava and rest assured that you will never forget it!

Entertainment

Giannena's nightlife is bustling and offers you a wide variety of entertainment options.

The city is full of small taverns and restaurants serving traditional dishes, relaxing cafes and bars but also places where one can enjoy loud Greek and foreign dance music.

Join the nightlife in Giannena and enjoy the good times!

Conference Centre

GRAND SERAI HOTEL

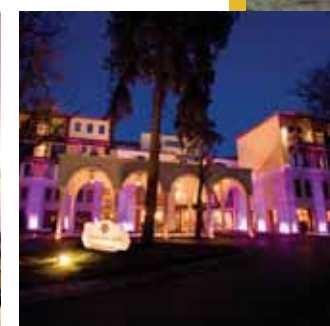
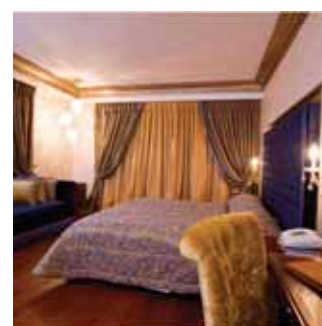
The famous old «XENIA» The Grand Serai Hotel is situated on the site of the formerly renowned Xenia Hotel of which nothing remains apart from the beautiful view to the Lake.

This 5* hotel located in the heart of Ioannina, combining a diffusion of luxurious and elegant surroundings and a high standard of service, is a real gem for the city of Ioannina.

Built on some 3,5 acres, within the heart of the city of Ioannina, the Grand Serai Hotel is here to offer its visitors a newer concept of hospitality. A palace in itself, it combines flawlessly the traditional local style with elements of the East. Unprecedented luxury and unique comfort guarantee a memorable 5* stay.

The Grand Serai of the Mitsis Hotels group aims to offer its guests a new understanding of the meaning of “accommodation”, while maintaining the best of traditional values and introducing new service standards. Guests here can enjoy the services provided by a friendly and experienced staff combined with advantages of all the most advanced business or entertainments systems, both in the rooms and throughout the hotel.

Facilities in all guestrooms include 24-hour room service, satellite TV, internet access, access to the Spa and many other services.



Affiliated Hotels

EPirus PALACE

Situated at the entrance to the city of Ioannina, this is another 5* hotel offering high-quality accommodation and services.

It is only 5 minutes from the centre of the city. Facilities in all guest-rooms include internet access, safe, mini bar, deluxe personal care products, parking, and more.



DULAC Hotel

The hotel is designed in a stately traditional style and offers a combination of modern and luxurious comforts. It is equipped with a great many conference facilities and offers 4* services to everyone visiting the capital of Epirus for business, entertainment, educational or other purposes.



ALEXIOS HOTEL

A fully renovated 3* hotel in the centre of the city, located close to the traditional market, and to the bus station for Athens and Thessaloniki.

We have secured for the conference 14 suites decorated in the traditional local style in the old renovated inn "Dodoni", which now communicates with the existing facilities of the Alexios Hotel. The hotel also has a private parking.



Affiliated Hotels

PALLADION HOTEL

A centrally located 3* hotel, only 100 metres from the bus station for Athens and Thessaloniki.

Fully renovated, the hotel offers its guests every modern amenity and service. Facilities include private parking.



FRONTZU POLITIA HOTEL

A traditional accommodation complex built in the monastic style, where local architectural elements and materials such as wood and stone prevail.

It offers a wonderful view and is surrounded by a splendid natural landscape. It is located in the outskirts of the city, on the Hill of Frontzu. High-quality accommodation.



EGNATIA HOTEL

A central hotel, operating all year round.

Welcoming rooms with television, air conditioning and private bathroom offer the visitor comfort and rest in the best possible way. The hotel offers a private garage that operates on a 24-hour basis.



BRETANNIA HOTEL

A fully renovated, historical hotel, located in the centre of the city, offers its guests first class services.



Affiliated Hotels

HOTEL NANTIN

Just 500 metres from the city centre, built in a lovely and quiet area with a view to the Lake, the hotel offers its guests a comfortable stay combined with the renowned local hospitality. The rooms can accommodate up to 4 persons.



HOTEL AKTI

It is owned by the same group as the NANTIN hotel. It is built next to the Lake, outside the noisy city centre, but only 700 metres from the centre of Ioannina. A pleasant and quiet environment for a comfortable stay.



HOTEL BYZANTIO

A modern hotel located in the centre of the city. It offers its guests a pleasant stay with every modern amenity and facility.

Facilities include private parking.



KENTRIKON HOTEL

A small central hotel in Ioannina. A newly built hotel offering all modern comforts situated in a very convenient spot. An atmospheric and pleasant hotel in the Old City.



Affiliated Hotels

LAKKAS HOTEL

Four kilometres outside Ioannina, the Lakkas hotel was built in 1997. Fully renovated and refurbished, it offers its guests a comfortable stay and easy access to the city and the surrounding area. Facilities also include a large private parking.



KRIKONIS SUITES

A family-owned hotel, very close to the centre of the city, the University and the University Hospital.

The guestrooms have all the modern amenities and are well equipped. All its facilities are comfortable and the atmosphere is relaxing. An ideal accommodation for business or personal purposes.



KING PYRROS

A centrally located hotel with easy and direct access (5 minutes walking) to the City Hall, the Roloi and the Central Square. All guestrooms are comfortable making it an ideal choice for visitors to the city.



Registration, Hotel and Air Ticket Reservation Form

REGISTRATION

Full Name
Address
Telephone
Mobile
Occupation
Hospital/Institution
Job Title

REGISTRATION

	Up to 01/02	Up to 26/03	As of 27/03
HRBON Members	60.00€	80.00€	90.00€
*Unemployed	FREE	FREE	FREE
Nurses			
	Up to 01/02	As of 02/02	
Undergraduate students	FREE	30.00€	

The Registration Fee is not refundable.
The named participants may be changed up to the 23rd of April 2010.
*(with no other remunerated employment)

ACCOMMODATION

HOTEL	Single Room	Double Room
Grand Serai (5*)	496.00€	496.00€
Epirus Palace (5*)	530.00€	496.00€
Du Lac Hotel (4+*)	530.00€	496.00€
Frontzu Politia Hotel	532.00€	487.00€
Brettania Hotel	516.00€	480.00€
Nantin Hotel	477.00€	472.00€
Akti Hotel	477.00€	452.00€
Krikonis Suites	-	447.00€
King Pyrros Hotel	482.00€	432.00€
Palladion Hotel	457.00€	421.00€

Registration, Hotel and Air Ticket Reservation Form

Lakkas Hotel	446.00€	406.00 €
Kentrikon Hotel	-	406.00 €
Alexios Hotel	406.00€	397.00 €
Hotel Byzantio	385.00€	359.00 €
Egnatia Hotel	447.00€	402.00 €
Olympic Hotel	-	496.00 €

All above mentioned rates:

- are per person, in a single or double room
- are for a total of three nights (30/04, 01/05 and 02/05)
- include breakfast daily
- are inclusive of all taxes and 19% VAT

Note: These rates do not include travel expenses

Reservation, Cancellation and Payment Terms

- A 3-night reservation is mandatory.
- Reservations will be confirmed only upon full settlement.
- The deposit slip should be faxed or e-mailed to the conference secretariat, and include the full details of the delegate and a contact telephone number.
- All reservations will be confirmed in writing and sent to the e-mail address or fax number indicated to the conference secretariat.
- Cancellations of reservations will only be considered if submitted in writing; however, depending on the date of the reservation, cancellation fees may be applied as below:

- Up to the 31st of January 2010 - cancellations are not subject to any fee
- Up to the 31st of March 2010 - a fee amounting to 50% of the total room charge is applied
- As of the 1st of April 2010 - a fee amounting to 100% of the total room charge is applied

Registration, Hotel and Air Ticket Reservation Form

AIR TICKETS

The following flight reservations were made with Olympic Air and Aegean Airlines:

A3 414	30/04	ATHENS-IOANNINA	13.15/14.15
A3 415	03/05	IOANNINA-ATHENS	14.50/14.45
OA 804	30/04	ATHENS-IOANNINA	12.35/13.50
OA 803	03/05	IOANNINA-ATHENS	10.35/11.40

Information regarding reservations, rates and final flight schedules may be obtained shortly by contacting T&T Executive either by phone (tel. +30 210 8055393) or by visiting the company's web site (www.tntexecutive.gr).

Key notes

1. Air ticket reservations cannot be cancelled
2. The names of ticket holders may be changed up to the 16th of April 2010

Payment Terms

The Registration Fee, Accommodation and Transport Charges may be paid in one of the following ways:

By bank deposit in the Organiser's account **no. 166002320000105** held with **Alpha Bank S.A.**, to the order of **"T&T EXECUTIVE S.A."**.

By bank deposit in the Organiser's account **no. 18247014451** held with the **National Bank of Greece S.A.**, to the order of **"T&T EXECUTIVE S.A."**.

In the case of a bank deposit, please fax a copy of the deposit slip to the Conference Secretariat, including your full name and contact telephone number.



Conference Secretariat/Travel Agency

T&T EXECUTIVE S.A.

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Tel: +30 210 80 55 393, fax: +30 210 69 84 294

e-mail: tnt@tntexecutive.gr, www.tntexecutive.gr

E.N.E.



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